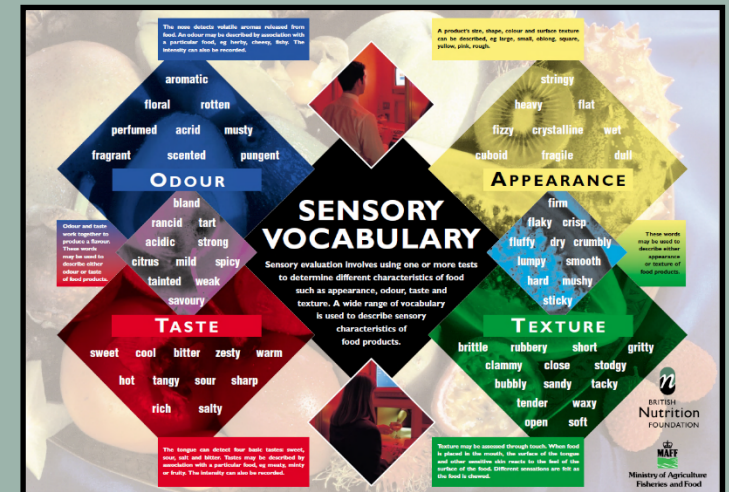
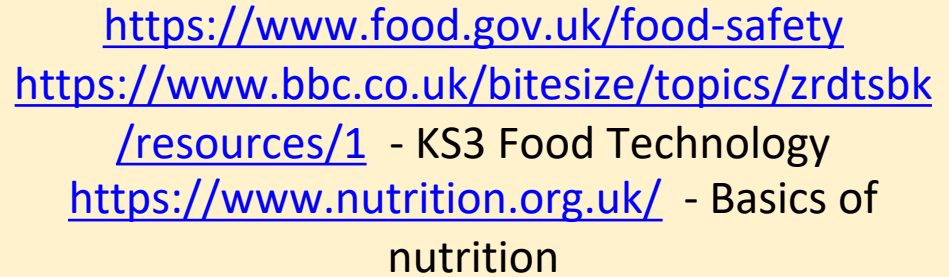




Danger Zone 5-63°C



KEY VOCAB

**Sous
Chef**

Food Poisoning

Commis Chef

(provides fibre for digestion and vitamins and mineral for general health)

